

Adult Learners' Week 21-27 September 2020

Live FREE Masterclass Events

Change your story online



Working Wales

#changeyourstory

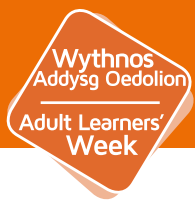
LIMITED PLACES
BOOK NOW
CLICK ON THE
WEBLINK BUTTONS

MONDAY 21 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
First Campus, Cardiff Met	Introduction to Microsoft Teams for online learners	10am - 11am	Microsoft Teams	
Lark Design Make	Mini Macrame Wall Hanging	10:30am - 11:30am	Facebook Live	
Cardiff University	Looking after yourselves and others	11am - 12pm	Book your free place via Cardiff University's registration form	
Swansea Lifelong Learning	Practical Photography Masterclass	11am - 12pm	Book your free place via the Swansea Lifelong Learning Website.	
Sabrina Cohen - Hatton	5 Ways I changed my story	12pm - 12:30pm	Working Wales Facebook Live	
Digital Communities Wales	Online Safety and Fake News	2pm - 3pm	Live via Zoom	
Ceredigion Community Learning	Introduction to Microsoft Teams	4pm - 5:30pm	Please contact Dysgu Bro Ceredigion for more information admin@dysgubro.org.uk	EMAIL
Digital Mums	Understanding Social Media Strategy	8pm - 9pm	Book your free place via Digital Mums website.	

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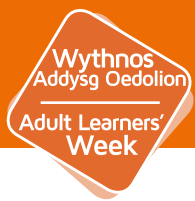
TUESDAY 22 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
Cathays High School	Improving your confidence	8:30am – 10:30am	Email croy@cathays.cardiff.sch.uk to book your free place	EMAIL
Cardiff Met - Widening Access	Introduction to Communities and Health	10am – 12pm	Access all the information via Cardiff Met - Widening Access website.	
BT Skills for Tomorrow	Preparing for a career in today's digital workplace	11am – 12pm	Book your free place via EventBrite	
Royal Photographic Society	Documentary Photography - Online Storytelling Taster	11am – 12.15pm	Live via Zoom	
Muddy Care CIC	Physical Health and Wellbeing and chronic conditions	6pm – 7pm	Contact info@muddycare.co.uk to book your free place	EMAIL
Royal Photographic Society	Making a Photobook from Concept to Printing Taster	7pm – 8.15pm	Live via Zoom	
Digital Mums	Understanding Social Media Algorithms	8pm – 9pm	Book your free place via Digital Mums website.	

Events are completely free to attend. Learning and Work Institute and partners would never ask for personal details such as bank details. When the event is live, please do not click on any links that you are unsure of and report any suspicious activity straight away.

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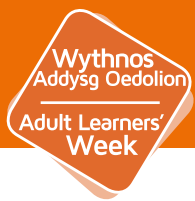


WEDNESDAY 23 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
Cardiff Met - Widening Access	Preparing for academic ielts - one-off course for speakers of english as a second language	10am - 12pm	Enrol via Cardiff Met, Widening Access website	
Ceredigion Community Learning	Subtraction strategies- learn different ways to subtract tricky numbers	10am - 11am	Please contact Dysgu Bro Ceredigion for more information admin@dysgubro.org.uk	EMAIL
Up 4 Coaching	Getting the best from yourself and others	10.30am - 11.30am	Live via Zoom Meeting ID: 829 6439 5130 Passcode: 025573	
Wales Council for Deaf People	British Sign Language Taster	11am - 12pm	Live via Zoom	
Ceredigion Community Learning	Introduction to Microsoft Excel	11am - 1pm	Please contact Dysgu Bro Ceredigion for more information admin@dysgubro.org.uk	EMAIL
Digital Mums	Understanding best practice for graphic design	12pm - 1pm	Book your free place via Digital Mums website.	
Ceredigion Community Learning	Apostrophe ability - crack how to use apostrophes properly and become an apostrophe warrior	2pm - 3pm	Please contact Dysgu Bro Ceredigion for more information admin@dysgubro.org.uk	EMAIL
Breathe-UK In partnership with the GMB union and Wales TUC	Mental health and wellbeing for front line workers in Wales	2pm - 3:30pm	Book your free place via the Breathe UK website	
Ceredigion Community Learning	Introduction to I-Pad	3pm - 3:30pm	Please contact Dysgu Bro Ceredigion for more information admin@dysgubro.org.uk	EMAIL

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WEDNESDAY 23 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
Run Wales	Getting Going & Keeping Going - A Beginners running workshop	6:30pm - 7:30pm	Book your free place via the Run Wales website.	
Digital Mums	Understanding Social Media Stories	8pm - 9pm	Book your free place via Digital Mums website.	

THURSDAY 24 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
RNIB	Accessible Technology for People with Sight Loss	11am - 11:45am	Microsoft Teams	
First Campus, Cardiff Met	Road mapping your future	10am - 12pm	To register your interest for this course please email firstcampus@cardiffmet.ac.uk with your name, address and confirm the name of the course you would like to register for	
Working Skills for Adults	Live life on your terms	10:30am - 12pm	Please email wsfa2@merthyr.gov.uk to book on this Masterclass	EMAIL
Working Skills for Adults	Keeping Teams Connected	11am - 12pm	Please email wsfa2@merthyr.gov.uk to book on this Masterclass	EMAIL

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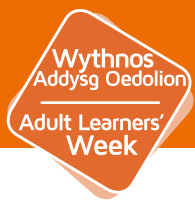
THURSDAY 24 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
Royal Photographic Society	Making a Photobook from Concept to Printing Taster	11am - 12.15pm	Live via Zoom	
Digital Mums	Understanding Facebook Advertising	12pm - 1pm	Book your free place via the Digital Mums website.	
Cathays High School	Healthy Eating	12:30pm - 1:30pm	Email croy@cathays.cardiff.sch.uk to book your free place.	EMAIL
Digital Communities Wales	5 Ways to Well-being Digital (Mental health)	2pm - 3pm	Live Via Zoom	
Swansea Lifelong Learning	Brush Lettering Masterclass	2pm - 3pm	Book your free place via the Swansea Lifelong Learning Website.	
Muddy Care CIC	Mental Health and Wellbeing and chronic conditions	6pm - 7pm	Contact info@muddycare.co.uk to book your free place	EMAIL
Amgueddfa Cymru - National Museum Wales	Live Virtual Craft Along - (WELSH)	4:30pm - 6:00pm (Welsh)	Book your free place via the Green Squirrel website.	
Amgueddfa Cymru - National Museum Wales	Live Virtual Craft Along - (ENGLISH)	6:30pm - 8:00pm (English)	Book your free place via the Green Squirrel website.	

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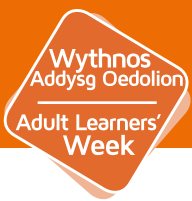


FRIDAY 25 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
First Campus	Is Higher Education for me? Q&A Masterclass	10am - 11am	To register your interest for this course please email: firstcampus@cardiffmet.ac.uk with your name, address and confirm the name of the course you would like to register for	
Ceredigion Community Learning	Multiplication masterclass - improve your multiplication skills and learn times table tricks	10am - 11am	Please contact Dysgu Bro Ceredigion for more information admin@dysgubro.org.uk	EMAIL
Scarlet Design	Introduction to Sketch notes & Visual Thinking - Learn to plan and communicate your stories and ideas using pictures	10:30am - 12pm	It will be delivered using ZOOM, live please email Fran at training@scarletdesign.com to register and receive the link to join.	EMAIL
Cardiff University	I don't think he's getting better - what can I say? What can I do?	11am - 12pm	Book your free place via Cardiff University's registration form	
Cathays High School	Volunteering Skills	12:30pm - 1:30pm	Email croy@cathays.cardiff.sch.uk to book your free place.	EMAIL
Working Skills for Adults	Make Marketing videos the easy way	12:30pm - 1:30pm	To book a place contact 01685 727070 wfa2@merthyr.gov.uk	EMAIL
Ceredigion Community Learning	Division Dilemmas Masterclass	2pm - 3pm	Please contact Dysgu Bro Ceredigion for more information admin@dysgubro.org.uk	EMAIL
Muddy Care CIC	Emotional Health and wellbeing and chronic conditions	6pm - 7pm	Contact info@muddycare.co.uk to book your free place	EMAIL
Royal Photographic Society	Documentary Photography - Online Storytelling Taster	7pm - 8.15pm	Live Via Zoom	

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SATURDAY 26 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
UNISON Cymru	Confidence in the Classroom (for school support staff)	9:45am - 12pm	Book your free place with UNISON's registration form.	
Head4Arts	Poems are just lists of things: an easy approach to writing poetry	2:30pm - 4pm	Live via Zoom	
Real SFX	Prosthetics for Halloween (an insight into the special effects industry for film and television)	Details to be confirmed	Details to be confirmed	

SUNDAY 27 SEPTEMBER 2020

LEARNING PROVIDER	MASTERCLASS	TIME	PLATFORM	WEBLINK BUTTON:
The Successors of the Mandingue	West African Drumming - Djembe for experienced players	4pm - 5:30pm	Facebook Live	
			YouTube Livestream	

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